

# HOUSEWORK

news from transition house • santa barbara, california • spring 2014

# It's More Than Just Housing...

ara's situation was complicated. A series of events caused Tara and her family to be evicted from their housing in 2012, at which time Tara's two children were placed in foster care. Tara suffered from domestic violence for years and abused substances to help cope with the pain. Tara's children were also victims of the trauma caused by witnessing domestic violence.

The loss of her children forced Tara to bravely confront the negative influences that were destroying her life, and she made the conscious choice to change her situation. She left her spouse and stopped using drugs. She continued visiting her children every week while they were in foster care and worked with Child Welfare Services (CWS) on a reunification plan.

If Tara was to reunite with her children, CWS required the family to reunify in a structured environment. That is how they ended up at Transition House. The family entered the T-House shelter in April of 2013.

Tara is not the first parent to be reunited with his or her children through a CWS-mandated plan involving Transition House. CWS recognizes that the multitude of issues such families face require structure and routine, support services, and, above all, a safe place to stay. Transition House has provided this opportunity to families for many years.

In Tara's case, poverty was not the only factor that led to her loss of housing. She suffers from a disability and survives on Social Security Income (SSI). Unlike many families that enter Transition House, Tara could not achieve permanent housing simply by finding work and saving money. The trauma she and her son and daughter, now ages 15 and 13, experienced created a troubled family dynamic that needed to be addressed and worked through over time. It wasn't enough that Tara loved her kids; she needed grow as an effective parent, develop parenting communication skills, and be strong for her children.

The shelter program provided that structure for her family.



Transition House case manager, Dee Eduarte (left), and Tara take a break from their regular planning meeting.

While her kids were understandably unhappy at reuniting in a shelter, soon they began to make friends and even do chores around the facility. Tara's sole focus was to work with not only her T-House case manager, but also with the wraparound services provided by CWS, CASA (Court Appointed Special Advocates), and CALM (Child Abuse Listening Mediation) to stabilize her family. Tara firmly believes that if they had not lived for several months in the shelter, followed by four months in our transitional housing program, the Firehouse, her family would not have survived intact.

Tara's family is now living in a Transition House apartment at Mom's and continues to benefit from our programs. During her time in shelter, Tara was afraid to move back to housing. When she got her apartment, she was still scared

# **Greeks 4 Kids Build Play Structure For Our Kids**

By Caley Mark, Children's Programs Director

hofounded Greeks 4 Kids? Charles Jones and Carl Provenzano, two UCSB students who are members of the Alpha Tau Omega fraternity, founded the organization in 2013.

#### Where did the idea for Greeks 4 Kids come from?

Greeks 4 Kids was birthed from a powerful urge to make a physical, noticeable difference in our community. As UCSB students, we are extremely cognizant of the good fortune and unique opportunities we have been given and are also very aware that there are others out there who could desperately use aid. We decided to provide tools for underprivileged children so they can obtain a quality education and achieve the lives that they deserve.

# What is your organization's mission?

Greeks 4 Kids is dedicated to helping children in schools and hospitals who are in desperate need of books, toys, supplies, and friendship to remedy both educational and health challenges.





Charles Jones (left) and Carl Provenzano, founders of Greeks 4 Kids, with their new friend.

# How many people participate in community service projects?

Before each event we make an open invitation to the UCSB community to sign up, but only choose a limited number so that we do not overwhelm the children when we visit. We usually bring about 10-15 people to each project.

# What types of projects have you completed in the past?

We have made donations to Westside Children's Center, Children's Hospital Los Angeles, Storyteller Children's Center, and now to Transition House. At each agency, we bring our volunteers to interact with the children, meet the agency staff, and build any structures that need assembly. We have donated over \$5,000 worth of goods in the past year!

# What types of activities to you do to fundraise for these projects?

We host a variety of philanthropic events at UCSB to raise awareness for our cause in a fun, interactive fashion. Just this past fall, we hosted a week of philanthropic events, called "RALLY," that culminated in a volleyball tournament attended by the entire Greek system. We believe events like this showcase what Greeks 4 Kids values most: coming out and personally putting the effort in to help others. That is infinitely more rewarding than sending a check.

### How did you hear about Transition House?

We found Transition House by doing research online. We found your organization's website and saw that your mission statement coincided with ours and also felt that we could make a tangible difference in the lives of the children at Transition House.

# How many volunteers came to the T-House event?

Fifteen volunteers came out to help construct the play structure.

# How was your group's experience working with Transition House?

Our experience was incredibly positive and heartwarming. It was fantastic being able to interact with the children, and our volunteers still talk about what a rewarding experience they had helping the Santa Barbara community.

# What are your plans for the future of Greeks 4 Kids?

While we both have career plans after college that lie outside of the nonprofit sector, we both know that Greeks 4 Kids will always be a part of our lives. We intend to find others to run the local branch of our organization after we graduate, while we help to expand it and still attend all of the projects that we can.

Anything else you would like to share about your organization or your experience with T-House?



Transition House is a perfect fit for our mission. As members of the community, we wish to step forward to give food and shelter to our homeless neighbors. All of our volunteers had an amazing time building the play structure and storage shed, while interacting with the children on site. We hope that the children get much enjoyment out of the items we donated for years to come!  $\widehat{\mathbf{T}}$ 







### Housing Authority Teaches Financial Literacy Workshops at Transition House

During the months of March and April 2104, eight workshops focusing on developing financial literacy were offered at Transition House's onsite Family Support Center.

These workshops were offered to both Housing Authority and Transition House clients, and free childcare was provided.

Workshop topics included Financial Goal Setting; Budgeting and Savings; Checking and On-line Banking; Debt Consolidation; Credit Basics and Credit Cards; Investments and Retirement; Home Mortgage Process; and Accomplishing Your Goals.

Twenty-one adults participated in this enjoyable and beneficial educational program. The kids had fun, too!  $\uparrow$ 



# **Check It Out! We've Had a Facelift!**

Thanks to funding from the City of Santa Barbara, Transition House was recently able to rehabiliatate the interior of our emergency shelter. We painted all throughout the facility and also replaced old linoleum flooring with wood vinyl. The environment is so much warmer now—and feels less institutional, too. Special thanks to our incredible project managers, Tracey Taylor and Hector Torres from the Housing Authority of the City of Santa Barbara. **↑** 

#### TARA, continued from page I

to be on her own. The supportive services provided with her apartment have made the transition easier. She and her daughter spend many evenings in the onsite computer lab and they now enjoy cooking their favorite meals together.

When she looks back now on her time in the shelter, Tara laughs and says the worst part for the kids was having to get up earlier than they would have at home. Tara describes her case manager as a friend—she was always there to listen and give advice. She helped Tara get to all her appointments and do something Tara had never done before—build a savings account! Tara's goals moving forward are clear. She says she is striving to "do the right thing" as a parent and as a person. She says she didn't always know how to do this in the past. She has been sober for almost two years and she intends to stay that way. She wants her kids to see her maintain her sobriety and she wants to be a good role model for them. Above all else, she never wants to lose her kids again.

She thinks about working or volunteering part time in the future if she is able. She says her dream job would be to work with animals—she can't imagine anything more fulfilling than rescuing stray animals and taking care of them. She also says that despite the fact that her family is doing much better, she still needs case management. She isn't quite ready to be on her own yet.

For Transition House staff, Tara's family reminds us of why we do what we do—why we build housing with support services, why we provide shelter with intensive case management, why we believe in the power of people to take back their lives in the face of incredibly adversity. Yes, Tara's situation was complicated. It's not quite so complicated anymore. Tara and her children are progressing and succeeding, and we feel lucky we get to be a part of their journey.

# Youth From California Learn about Homelessness

By Nicole Janovitz, Volunteer Coordinator

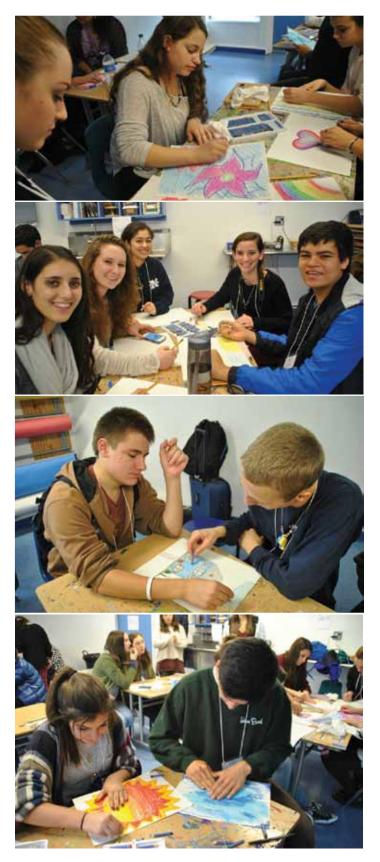
n March 1, 2014, Transition House was invited as one of eight social service agencies in Santa Barbara to give a workshop at the SoCal Social Justice Weekend. The event was hosted by the Congregation B'nai B'rith. Three hundred Jewish teenagers ages 14 to 18 years from throughout southern California attended this special event.

Congregation B'nai B'rith has a long history supporting Transition House. They are one of 12 faith-based communities that founded Transition House. B'nai B'rith still provides dinner and brown-bag lunches to the families in the Transition House shelter once a month.

Executive Director Kathleen Baushke and Volunteer Coordinator Nicole Janowicz represented Transition House at the SoCal Social Justice Weekend. All workshops were organized as a one hour program. In three rotations of the program, Transition House was able to reach out to about 70 teenagers.

Our presentation started with a short quiz on homelessness, designed to demonstrate misperceptions people often have about the homeless. This was followed by a brief presentation on Transition House's clients and services, as well as the history of B'nai B'rith's service to Transition House. The teenagers were enthusiastic and eager to learn more about homelessness in Santa Barbara and the ways in which Transition House helps its clients to regain permanent housing. They also talked about how they could get involved with the issue of homelessness in their own towns.

In the hands-on part of the workshop program, the teenagers participated in making drawings to decorate the onsite education center at Transition House, called the Family Support Center. As an inspiration for the drawings, Transition House staff shared the following quotation from the California Housing Law Project: "A common activity for children, homeless or otherwise, is to draw. When homeless children are asked to draw what Heaven looks like, they often draw houses. They do not draw mansions or palaces; they draw plain houses. This is their hope, a hope maintained in the midst of adversity." The oil pastel drawings the teenagers created included houses and other positive images such as flowers, rainbows, and hearts, as well as motivational messages such as "Believe in yourself!," "Be happy!," and "Live, Love, Laugh!" This artwork decorates our Family Support Center, our onsite education center where parents attend evening anti-poverty classes while their children stay in childcare. The teens' artwork helped to make the center a friendly and inviting place for families in need to study and grow.  $\hat{\mathbf{T}}$ 



### **Anchors Aweigh! for Transition House**



Florence Michel, Kathryn Dinkin, Missy Sheldon, Walter Clapp



Pat St. Clair and Judy Cresap



Kathryn Dinken and Gayla Visalli model clothing from Lana Marme

n May 1, the Transition House Auxiliary hosted the 16th Annual Mad Hatter Luncheon, "Anchors Aweigh!," to raise money for Transition House's children's programs. The enormously successful event was ably emceed by Andrew Firestone and included a fashion show featuring fabulous clothing from Lana Marme of Montecito. Mindy Denson hosted the show. A highlight of the luncheon came when Mike Sheldon, owner of Network Hardware Resale and a sponsor of the event, raised his hand and offered a challenge grant to the attendees. Roughly \$20,000 was raised, which was then matched by Network Hardware Resale. Gratitude goes to co-chairs Diane White and Kathryn Dinkin and to all the members of the Auxiliary. Transition House also wishes to thank Network Hardware Resale, Andrew, Lana, and Mindy for their dedication to making this fundraiser a big success.  $\mathbf{\hat{T}}$ 

### Thank you to our generous Mad Hatter sponsors and donors:

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Vedanta Society

### **PROGRAM SERVICES AND EXPENSES**

Program	\$1,978,822
Management and General	171,006
Fundraising	165,276
Total:	\$2,315,104

### **INCOME AND CONTRIBUTIONS**

Individuals	\$334,058
Foundations	396,109
Corporations	85,184
Federal	348,047
State/Local	223,700
Churches	18,723
Rental Income	389,366
Fundraising	199,181
In-kind	326,028
Total	\$2,320,396

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THANK YOU



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### **TRANSITION HOUSE**

### **2012 Emergency Shelter Statistics**

Number of clients served Children 196 Adults 113 Total families 84 28 Two-parent families 54 Single-parent families Ethnicity Asian/Pacific Islander 2% African American  $4^{\circ}/_{\circ}$ Anglo 38% Latino 52% Native American 2% Other 2% Adults Only Drug/Alcohol Issues 32% Mental Illness 19% **Dual Diagnosis** 25% Other disabilities 47% Domestic violence 35% Employment Number of families maintaining or increasing income 92%

High school	68%
Attended college	33%
Average grade completed	11 <sup>t</sup>
Residence before Transition Hou	se
Santa Barbara City	63%
Goleta	17%
Carpinteria	3%
SB County/Ventura	14%
Other zip codes	3%
Disposition upon exit from the sh	helter
Housing in SB	51%
TH-owned housing	25%
Other program	1%
Relative	3%
Other shelter	2%
Motel	10%
Unknown	8%



You can support us by supporting United Way of Santa Barbara County.

### **ANNUAL REPORT**

### **Transition House Board of Directors**

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#### NEED THESE: Ε twin sheets • blankets pillows • towels

Gently used items can be donated to our administrative offices at 425 E. Cota Street Monday through Thursday 9AM to 5PM, Friday 9AM to 4PM

**THANKS!**