

TRANSITION HOUSE • 2022 ANNUAL REPORT



How Transition House Works

We believe that every family, no matter how or why they became homeless, deserves the chance to escape poverty and learn the skills they need to increase their income, manage their money, and return to their own housing. We do this by providing intensive case management and employment services that focus on setting and achieving goals that will help stabilize the family, and promote financial and emotional wellbeing. We also provide children's programs that address the trauma young people are experiencing and help teach them tools for a successful future.

Three-Stage Family Housing Continuum with Support Services

The first stage begins with a three to five month stay at our 70-bed emergency shelter. At the shelter, families recover from crisis, establish realistic income and savings goals with the help of a case manager, find or improve employment income, and come up with a housing plan. Some families may move to the second stage which offers six months of transitional housing at our facility called the Firehouse for up to six families at a time. Eligible families with high barriers to stability may then continue to our third stage program, HOMES, where they can live for up to two years or more in one of thirty-seven Transition House-owned affordable apartments with supportive services.

Anti-Poverty Classes

Parents in our programs attend onsite anti-poverty classes, which are also available to people in the community who are at risk of losing their housing. Classes cover topics such as ESL, financial literacy, computer skills, and parenting. Our computer lab works to address digital inequities homeless families often experience.

Children's Programs

Homeless and low-income families can receive free or subsidized care through our onsite licensed Infant Care Center. School children participate in evening enrichment programs—including a literacy program and tutoring help—that aim to break the cycle of generational poverty for children who are at highest risk of becoming homeless as adults. 🏠

We Did It!

The year 2022 saw Transition House bring back programs and volunteers as we returned to regular, prepandemic operations. We've been incredibly lucky—while many businesses and nonprofits lost income, staff, or support as the result of the pandemic, largely, we did not. Yes, we did take on the cost of paying for what volunteers provided to our operations in the past, in particular in the shelter dinner service arena, but many of these groups subsidized our efforts with donations until they could eventually return to serve in person. Although we lost one fifth of our dinner provider groups plus some of our regular program volunteers, we kept enough of a base to allow us to build back the volunteer support that we rely on to operate efficiently and successfully.

In the meantime, the rental housing landscape changed significantly in 2022, and not in a good way. From 2021 to 2022, the already high cost of rental housing in Santa Barbara exploded, and the average cost of a two-bedroom apartment went from \$2,748 to \$3,687 a month. The vast majority of our clients do not make enough to afford rent this high, let alone also pay for food, clothing, transportation, and other expenses.

We have really been struggling with this reality. We have continued to successfully place families in housing, but almost half of those families end up in shared housing situations. Very few find affordable or subsidized housing units for rent because there are too few units to satisfy the need.

We are continuing to focus on our programs that provide families the tools to increase their income and manage their finances, because that is what we do best. Transition House will also continue to explore opportunities to develop more affordable transitional or permanent housing in the future.

We are extremely grateful for the support you have provided to Transition House, and for the faith you had in our staff and our board members to do what was necessary to navigate the ups and downs of the pandemic. Together, we did it!



Kathleen Baushke
Executive Director

Our Mission

Transition House is dedicated to the solution of family homelessness in the Santa Barbara community. Capable and motivated families with children are offered life tools and respectful, non-sectarian residential services designed to alleviate poverty and restore self-sufficiency and dignity.





2022 HOW YOU HELPED



500

VOLUNTEERS

Volunteers returned to most of our programs in 2022 and for that we are very grateful!



1,162 DONORS

The generosity of our donors makes our work possible.



92%
LOCAL
FAMILIES

The vast majority of shelter families came from the Santa Barbara, Goleta, and Carpinteria areas. Five percent came from Lompoc/Santa Maria and three percent were from Ventura.



72%

SUCCESS RATE

The majority of families succeed in transitioning to stable housing.



88%

EMPLOYED

Nearly all parents gained, maintained, or increased employment income while in our program.



\$3,239
SAVINGS

On average, families saved this amount toward move-in costs.



252

CHILDREN

Children from the shelter, our other housing locations, and from the community participated in a variety of our programs.

Transition House's target population is homeless families with children, and households at high risk for homelessness, within the greater Santa Barbara area.

Total clients served in the shelter in 2022:

259 individuals (81 families). Of those: 61 percent children; 71 percent single-parent families; 11 percent chronically homeless; 51 percent homeless for the first time.

Of all adults, 55 percent had experienced past domestic violence; 46 percent were experiencing mental illness; 40 percent were working to overcome an addiction; and 27 percent of adults had one or more disabilities. 67 percent of adults graduated from high school; 18 percent attended some college.

Racial/Ethnic make-up: African American 2 percent; White non-Hispanic 15 percent; Hispanic 79 percent; Native American 1 percent; Asian 1 percent; other 2 percent.

Transition House served an additional 149 people in our second and third stage housing programs last year.

INCOME AND CONTRIBUTIONS

Individuals	\$1,081,248	(29%)
Foundations	738,821	(20%)
Corporations	115,081	(3%)
Federal Government	186,974	(5%)
State/Local Government	412,491	(11%)
Churches	27,917	(1%)
Rental Income	430,028	(11%)
Fundraising & Events	333,793	(9%)
In-Kind Donations	415,280	(11%)
Total	\$3,741,633	

SERVICES AND OVERHEAD

Program	\$2,854,917	(84%)
Management & General	285,556	(8%)
Fundraising	286,682	(8%)
Total	\$3,427,155	

TRANSITION HOUSE COMES FULL CIRCLE

Did you know that one third of the people who now work at Transition House used to live in our shelter years ago? There is nothing more powerful than meeting people who lived the shelter experience and chose to apply for work years later at Transition House so they could come back and help others. They are the best evidence of the successful impact of our programs. Here is your opportunity to meet some of them.



Manny was nine when he came to the shelter. He had a tough time speaking out and feeling heard, but he remembers feeling cared for and listened to by volunteers and staff working in our children's programs. Manny now works with shelter children and provides the same thoughtful care shown to him at an early age. Being a good listener to these youngsters is what they need, and it truly gives him a sense of purpose to give back.

Arianna also works in our children's programs. She came to the shelter when she was only eight years old. She

loves the program and can see now how much it helps parents—she wasn't aware of that when she was young.

Today, Arianna loves working with the kids and has a strong understanding of what they are going through. She helps them to deal with the challenges of being homeless—those same challenges she experienced.

Maria is our newest case manager and she lived in our shelter when she was nine years old. Even though she was young, she realized that the shelter program marked a new and better way of living for her family.

Maria only wants the best for our client families and enjoys working here because she can see the growth people achieve while in the program—Maria is happy to be a part of their journey by providing parents with case management support.

Dolores came to Transition House when she was 12. Early teen years can be the hardest age for shelter residents, but Dolores saw her family progress to our second stage facility and was delighted to be there.

Dolores is now our employment specialist. She wanted to work with

Patricia's Story

Patricia is currently the overnight manager at Transition House's shelter and is responsible for the wellbeing of all our residents until the morning. Patricia was a resident of Transition House in 2020 with her four children. She became homeless as a result of a divorce and she had no other family to help her at the time. It was really hard—the rules and the schedule—especially for the children. But while she was in the shelter, she finally started to

Continued on next page



Nicole and Rob

parents, knowing that this was probably the hardest time they would ever go through. She now feels it is a great privilege to have the responsibility of helping them navigate through this difficult time.

Nicole and **Rob** came to our shelter with their son in 2012. Their family went through all three stages of our program successfully. Nicole now oversees our shelter and Fire-house facilities, and Rob works in our maintenance department. Nicole says she can identify with what the families are going through. She and Rob feel indebted to Transition House and are grateful to be able to give back by supporting all of the families we serve. 🏠



Patricia

Patricia's Story, continued from previous page

believe in herself and realized that she was lucky to get out of a bad situation. Working two jobs and saving all the money she could, Patricia was determined to succeed. After three months in the shelter, her family moved to our second stage transitional housing. Patricia did so well that she qualified for one of our apartments three months later and she still lives there.

Patricia has worked at Transition House for a year and a half. She likes working in the shelter because she can relate to what clients are going through. She enjoys listening to client stories. Sometimes a client comes in late from a job or is up in the middle of the night, unable to sleep and Patricia is there to listen, to make them tea, or help them if they have things like laundry they need to get done. She'll even cook something special for them!

Patricia appreciates Transition House's program. Because staying in the shelter was free, she was able to save a lot of money while she was a resident. Her case managers helped her to define her goals and kept her motivated.

Patricia is grateful for the support of the community. Thanks to all of you, Patricia and her children have a safe place to call home. 🏠



SHELTER DINNER PROVIDERS 2022-2023

Meal Provider Group Serving Since

All Saints-by-the-Sea Episcopal Church	1985
Amazon	2017
Beatitudes	2023
Buen Provecho	2019
Cambridge Drive Community Church	1984
Carpe Data	2022
Comfort Food Cooks	2015
Congregation B'nai B'rith	1984
Cottage 5 South	2014
El Montecito Presbyterian Church	1988
Embracing the World	2017
First Congregational Church	1985
First Presbyterian Church of Santa Barbara	1984
Free Methodist Church	2014
From the Heart	2015
Geosyntec Consultants	2022
Giving Back SB	2019
Goleta Presbyterian Church	1984
Knights of Columbus 1684	1989
Live Oak Unitarian Universalist	1987
Living Faith Church	1988
Marissa Bernstein-Rivera and Family	2022
Montecito Covenant Church	1986
Mo's Fine Cuisine	2017
Our Lady of Mount Carmel Catholic Church	1990
Ocean Hills Covenant Church	2014
Renegades Soccer Club	2022
Santa Barbara Zoo Board of Directors	2021
Space for Dinner	2020
Spiritualist Church of the Comforter	2018
St. Andrew's Presbyterian Church	1991
St. Anthony's Community Association	1986
St. Barbara Parish	1985
St. Mark's University Parish	2018
Sylvia and Friends	2019
Team Tank Fillers	2023
Team Chumash	2019
Trinity Episcopal Church	1984
Trinity Lutheran Church	1985
Unity Church of Santa Barbara	1984
Vedanta Society of Southern California	1985
Waypoint Church	2004

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**Thanks to the commitment of our donors,
we are making meaningful progress in the
fight to end family homelessness.**

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We apologize for misspellings or omissions. Contact Kellie at
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